



## **Kids Soccer League Rules**

### **Game Play**

Westover Hills Sports is a developmental league. Please make sure to remember it is about the kids. Many times in youth sports coaches and parents will make the game about winning and forget the big picture which is to help improve and build teamwork skills. Three things to focus on are listed below:

1. **Teamwork:** Please focus on working as a team and learning the fundamentals.
2. **Positions:** All players should have the opportunity to play all positions.
3. **Playing Time:** All players should have equal playing time.

### **4U and 6U Soccer**

#### **Coaches**

- All Coaches must be Serving Safely approved and have their approved coaching shirt to be on the sideline. NO photographers/videographers allowed on the sideline.
- Only Head Coaches may address and discuss rules/calls with officials during the game. This should be addressed with a Christ-like attitude and demeanor.

#### **Pre-Game Prayer**

- Pre-Game Prayer is MANDATORY for teams prior to beginning all games.
- Home team will lead the pre-game prayer (as identified in MOJO Sports app).

#### **Post-Game Elements**

- Both teams- to include athletes and coaches- should participate in the post-Game Elements after each game:
  - Thank opponent with high five or fist-bump in line
  - Weekly devotional with team and coach, MANDATORY

#### **General Rules**

- Size 3 soccer ball will be used for games.
- 4U Division will be played 5v5 on the field with NO goalie
- 6U Division will be played with 6v6 on the field with NO goalie.
- The game will consist of four, 8-minute quarters with 2 minutes between quarters and a 5-minute halftime. The clock will run consistently, stopping for only intermission periods. Warm up and Halftime may be cut short if games are running behind.



- No parents or spectators behind goals or in the designated player areas. All spectators must sit in their appropriate designated areas, opposite the team benches. Only coaches who are Serving Safely approved may be with the team on the benches and/or on the field during games.
- One coach per team will be allowed on the field for coaching and/or referee purposes. The coaches on the field may split the referee role or choose one coach to be the referee, timekeeper, etc.
- No scores will be taken for 4U or 6U divisions. Matches can end in a tie.
- Each player must play at least 50% of the game. Players not actively playing in the game must be on the bench.
- Minimum of 6 players, maximum of 12 per team (seasonally determined by Westover Sports Director). A team must have at least 4 active players to begin and/or avoid a forfeit.
- Goal dimensions are 4 feet by 6 feet.
- Shin guards are MANDATORY for game play and must be worn under socks, cleats are optional but encouraged. Flip flops, crocs, slides, etc. are not acceptable footwear for game play.
- The provided Westover Hills jersey must be worn to participate in games, unless otherwise approved by Westover Sports Director. Jerseys must be tucked into shorts.
- No hats, jewelry or metal spiked cleats will be allowed.
- Westover Sports game day devotionals are mandatory.

### **Game Play**

- No high kicks, slide tackling, or heading is allowed at any time during the game.
- No offside penalties.
- Goal Kicks and Corner Kicks will be played according to FIFA rules.
- No direct kicks are allowed, all kicks will be indirect kicks.
- Out of bounds: The ball will be kicked or thrown in to resume game play.

### **Substitutions**

- Substitutions are allowed at any point of the game. The Coach/Referee should be notified of substitutions.

*Rules are subject to change at the discretion of Westover Sports.*