



ALL DIVISIONS

Westover Sports is a faith-based, developmental league and will abide by the following:

- All players will receive equal playing time
- All players must wear provided uniform jersey with their assigned jersey number, additional uniform items will not be provided
- Games at all grade levels will be played 5 on 5
- No jewelry allowed (earrings must be removed or taped)
- Pre-game prayer is MANDATORY for all teams, Home team will lead prayer.
- Coaches and players from both teams on the same sideline shall participate in postgame elements *after* each game:
 - Thank opponent with high five or fist bump in line
 - Post-game devotional with team and coach

MIDDLE AND HIGH SCHOOL BASKETBALL RULES

Hoop Height: 10.0'

Ball Size: 29.5

Number of Referee(s): 1

- **Game Length**
 - Two, 20-minute halves
 - All games will utilize a running clock format with a stop-clock in effect for the last minute of the second half if the game is within (10) points.
 - Substitutions should happen approximately every (5) minutes, or as needed per player.
- **Length of Halftime**
 - The length of halftime will be (2) minutes
- **Possession**
 - The game will begin with a tip-off.
 - Possession will alternate for every jump ball that is called by the referee including the start of the second half.
- **Scoring**
 - All baskets count as (2) points inside the arc and (3) points outside of the 3-point arc; all Free Throws count as (1) point
 - Mercy Rule: In the spirit of sportsmanship and with the child's self-esteem in mind, anytime a team has a 20-point lead the scorekeeper will reset the scoreboard. Both teams will start 0-0 and play the remaining time. The scorekeeper will continue to keep the running score in the book.

- **Fouls**

- A player fouls out after (6) personal fouls
- Technical Fouls
 - Results in (2) free throws plus possession
 - If a player receives a technical foul, they must sit out a minimum of (5) minutes. Coaches should address the incident at hand.
 - (2) technical fouls is an automatic ejection *and* a minimum 1 game suspension pending Director's approval
 - Inappropriate and foul language will not be tolerated in the league and will result in an automatic technical foul. *No warning is needed from the referees about the player's language.*
- Coach Technical Fouls
 - Only one coach can be standing up on the sideline and coaching at a time
 - The coach must stay on the sideline, NO on-court coaching
 - Failure to follow this rule will result in a technical foul
 - If a coach receives a technical foul, then the entire coaching staff must remain seated for the rest of the game and team will get (2) free throw attempts and possession.

- **Bonus**

- Team shoots (2) free throws at (10) team fouls

- **Time Outs**

- Two 30-second time outs per half

- **Overtime**

- One minute stop-clock
- One additional timeout will be awarded in the first overtime. Timeouts do not carry over from regulation.
- Second overtime will be sudden death

- **Length of Pre-game Warm-up**

- Maximum pre-game warm-up is (5) minutes, unless games are running behind. Officials assigned to the game can make that adjustment.

- **Co-ed Rule**

- Males can guard females; females can guard males.

- **Scorekeepers**

- Parents will be called upon to keep score/stats or manage the scoreboard unless a volunteer is present to assist.

- **Forfeits**

- A team must have at least (4) players to begin a game. If a team does not have four players present on the court, the game will be declared a forfeit.
- Forfeits are not encouraged and will be decided on a case-by-case basis.

- **Conduct/Sportsmanship**

- Any team exhibiting unsportsmanlike conduct towards members or another team, a referee, or Westover Sports representative, risks forfeiture of their game.
- Any conduct determined to be unsportsmanlike or unruly by any athlete, coach, or spectator will result in a warning. The second instance of misconduct will result in an ejection from the game and you will be asked to leave the facility and church premises.
- Fighting is an automatic ejection from the league and tournament. Player may not be on church premises for the remainder of season.

No Alcohol, Tobacco/Vaping, or Illegal Drugs, or Weapons are permitted on the premises. Pets are not allowed, only APPROVED service animals are allowed.

Rules are subject to change at the discretion of Westover Sports.